

FOR THE SAKE OF GOD'S CHILDREN

PART III – SAFE ENVIRONMENTS

A SAFE ENVIRONMENT IS A FRAME OF MIND, NOT JUST A LOCATION

This manual is a key element of the Diocese of Wilmington's For the Sake of God's Children Program. In 2002, Bishop Michael Saltarelli several committees of dedicated and gifted individuals were convened to develop the process for establishing a background check program for adults who minister to and with young people, to develop the Ethical Standards of Behavior for all Church Personnel, and to create guidelines defining what constitutes a safe environment for ministry. All of these efforts have focused on the protection of our children. Beyond the checklists and resources for developing and maintaining a safe environment you will find within the program, guidance for all who serve others. The program's ultimate goal is to assist adult leaders in remaining faithful examples of Christian ethics and personal integrity in all relationships.

The adult leaders mentioned above are properly designated *Church Personnel* in the Safe Environments program. This classification includes all who are accountable for creating a Safe Environment. The term *Church Personnel* is defined on page 6 of this section.

The purpose of this manual is to promote awareness through education, to prevent wrongdoing by establishing best practices and to change behavior through training. While not intended to be a comprehensive manual, it is also not intended as a list of suggestions. What are contained in this manual are *requirements* of the Diocese of Wilmington. By our baptism, we are all called into ministry to, with and for one another. Creating a Safe Environment is paramount to that ministry. For the sake of the young people of the Diocese of Wilmington, the following checklists and resources are presented.

Following this introductory information are numerous checklists designed to assist ministry leaders in creating safe environments. Please note that some events and activities may require the proper completion of more than one checklist to ensure compliance with the standards of this program. Your diligence and care in meeting these expectations is essential to the ultimate success of this program. The goal of this program is not to create an additional administrative burden. Rather, the intention is to create environments that are welcoming, safe and free of that which has the potential to cause harm to leaders and to young people.

The lists contained in this manual may be duplicated as needed. Church Personnel are responsible for ensuring that these guidelines are followed each and every time an activity or event takes place. In time, these practices will become our "second nature".

Thank you for your continued ministry to and with the young church of the Diocese of Wilmington. Thank you, too, for your commitment to create environments rooted in mutual respect and sustained by faith. Your role is key in building the Kingdom of God.....for the sake of God's children.

BEFORE YOU READ THIS MANUAL

ACCOUNTABILITY/COMPLIANCE

- 1. The individual volunteer or employee is required to complete a criminal background check in order to obtain clearance for ministry in parish or diocesan service.
- A record of all cleared individuals who are eligible for service in parish or diocesan ministry will be maintained at each parish and on a Master List that is available in the diocesan offices overseeing particular ministries.

The terms "cleared" and "clearance" indicate that the results of an individual's criminal background permit him/her to be eligible for placement in service in a diocesan/parish ministry. Obtaining a "cleared" status (or obtaining "clearance") **does not** mean, however, that the individual has completed the necessary training for a specific ministry.

ROLE OF THE INDIVIDUAL

- 1. Obtain and complete the screening form.
- 2. Submit the form with the appropriate payment.
- 3. Once the check is completed, review the results of the criminal background check for accuracy.
- 4. Update individual information relative to any incident which may jeopardize one's ability to continue in service in the Diocese; (e.g., any arrest, change of name, address, phone number, car registration/insurance information.)
- 5. Receive, review and fully understand the applicable Diocesan Standards. Submit signed Acknowledgement of Receipt Form for Volunteers and the Volunteer Covenant.
- 6. Review and act in accord with all Diocesan policies applicable to area of ministry.
- 7. Submit update forms to the Office of Safe Environments of the Diocese of Wilmington as necessary (i.e., whenever any updates to personal information are necessary). This form is available at the parish and / or may be printed from the Diocesan Website (www.cdow.org).

ROLE OF PARISH/SCHOOL/DIOCESAN CONTACT

- 1. Provide screening forms to those needing background checks.
- 2. Advise those completing the background check form of his/her financial responsibility (per individual parish circumstances).
- 3. Follow procedures for submission of screening form.
- 4. Ensure that the Standards Acknowledgement Form has been received, reviewed and is signed and filed for each person.
- 5. Accept for service only those who have been properly cleared for service.
- 6. Ensure that those cleared for service in a particular ministry have received the proper training for full participation in that ministry.
- 7. Ensure that individuals are aware of applicable Diocesan policies in the area of ministry in which they are engaged.

WHY A SAFE ENVIRONMENT?

As a faith-filled people, we value and honor every individual as created in the image and likeness of God. In the works and ministries of the Diocese of Wilmington we, therefore, provide a safe environment for children, young people, and their families. Honesty, trust, and mutual respect frame an environment where healthy and responsible relationships prevail, boundaries are clear, and Behavioral Standards are mutually embraced. We are committed to providing for the safety and protection of God's children through a selfless sharing of our gifts and talents.

WHO ARE "CHURCH PERSONNEL?"

Relationships among people are the foundation of Christian ministry and are central to the life of the Church. The Standards defined herein are intended to assist all who fulfill the many roles that create the living Church. The Standards intentionally address all ministerial relationships. Particular attention is paid to those whose ministry calls them to demonstrate their love and compassion for children and young people within genuine and sincere relationships.

All Church Personnel are asked to carefully consider each standard presented before agreeing to adhere to it in their service to the Diocese of Wilmington. An Acknowledgement of Receipt must be completed by each cleared individual to indicate receipt of, understanding of, and willingness to adhere to the Standards.

N.B.: With regard to the Standards, the following definition of Church Personnel shall apply:

The Bishop and all who share his ministry:

- 1. Priests incardinated in the Diocese of Wilmington.
- 2. Priests who are members of religious communities (e.g. Oblates, Franciscans, and Jesuits etc.) assigned to the Diocese.
- 3. Priests of other jurisdictions who minister within the Diocese.
- 4. Other priests including those who are retired, or who have been granted canonical faculties to do part-time or supply ministry.
- 5. Deacons incardinated in this Diocese.
- 6. Permanent deacons with canonical faculties to function in this Diocese.
- 7. Seminarians and those enrolled in the Permanent Deaconate Formation Program.
- 8. Women religious and religious brothers working in the Diocese, its parishes, schools or agencies.
- 9. All paid personnel whether employed in areas of ministry or other kinds of services provided by the Diocese, its parishes, schools or other agencies.
- 10. All volunteers. This includes any person who enters into or offers himself/herself in a ministry to and with young people.

GENERAL RULES

The following are Diocese of Wilmington policies and are to be followed in all activities that involve young people.

- Maintain the following ratio of cleared adults to youth participants:
 - Two cleared adults per the initial 7 youth for 8th grade and below
 - Two cleared adults per the initial 10 high school youth
 - One cleared adult per each additional 10 youth in all age groups
 - Never one cleared adult working alone with youth
 - Cleared adults should be in proportion to the gender breakdown of
 - the youth participants attending the event
 - Reasonable consideration should be given to the number of cleared adults required for events with greater number of participants
- Obtain written consent for all participants in one of the following ways:
 - Annual consent: required yearly and kept on file for all on-site events less than 6 hours long (see Form A)
 - Event specific consent: required for all events, on-site or off site, overnight or daylong, that are more than 6 hours in length (see
 - Form B)
 - Save all Consent Forms in a secure location for a period of two years

The following is strongly advised, though not mandated.

- Explain and utilize the buddy system: youth participants should never be alone. Using the buddy system means an intentionally pairing of young people that fosters mutual respect and responsibility. As they develop relationships, young people often pair themselves with friends. When using the buddy system, consider the following:
 - While you might think breaking apart friends will encourage young people to make new friends, be cautious. It may also create emotional hardships for young people and ultimately, for you.
 - Watch for discipline problems. Avoid pairing young people that have an inappropriate effect on each other.

HOW ADULTS ASSURE A SAFE ENVIRONMENT?

- Establishing boundaries appropriate to the ministerial relationship
- Trained and honest leaders
- Being aware that everything in the building/facility works properly and that the facility is safe and secure
- Knowing my job and being prepared to do that job
- Be properly trained to respond to emergency situations
- Knowing and abiding by the behavioral Standards of the Diocese of Wilmington and of the Catholic Church
- Understanding the gravity of inappropriate behavior and the need to immediately report inappropriate behavior I observe
- Taking swift action and support when problems occur
- Knowing and abiding by the Diocesan policy regarding the appropriate ratio of young people to chaperons
- Earning the respect of parents and other adults in my role as a leader in ministry
- Respecting the individuality and celebrate the gifts and talents of young people
- Being a positive role model at all times
- Encouraging everyone to share the responsibility for creating and maintaining a safe environment
- Remaining free of unwarranted suspicion

HOW YOUNG PEOPLE BENEFIT FROM A SAFE ENVIRONMENT?

- Knowing I am loved because I am a child of God
- Knowing I am fully accepted just as I am
- Knowing I can trust the adults who guide me
- Knowing where to go for help
- Knowing no one will get angry if I raise a concern
- Knowing that this space is safe and secure
- Knowing that my well-being is the first priority
- Knowing I am responsible for my actions and, therefore, I will think before I act
- Knowing I am held accountable for my actions
- Knowing that adults will be honest
- Having fun
- Knowing I am better off because I am involved
- Giving full attention to the activity and those leading it
- Embracing an environment free of anything that can harm me

	DEVELOPING AN EMERGENCY PLAN
Comr	mentary:
Prior to hosting an event or attending an event (away from the parish or school) as a group, the group leaders must make sure they have prepared a plan in case of an evacuation or large-scale catastrophe. Even though the chances of something happening might be remote, it is the obligation of the person in charge to have created and communicated this plan to participants. The following guidelines are recommended:	
	Develop and post an escape plan for facilities
	Leaders must know the number of participants and their location at all times
	Leaders must communicate the designated meeting place in case of an evacuation
	For off-site event, communicate with drivers how to proceed in an evacuation
	Establish policy and guidelines for contacting parents/guardians in the case of an emergency
	Make sure there is a published/distributed list of rooming assignments
	Know the procedure to activate an emergency plan (phone tree)
	Assemble two crisis management teams; one team travels with the delegation (on-site team) and the other remains in your diocese (home team). All team members should be available throughout the duration of the delegation's travel to and from and participation in the event.
	The teams can include diocesan or parish staff, parents of participants, or other adult volunteers. If possible, include pastoral care workers (priest, religious, or other trained lay minister) on each team. Each team should have a leader and one back up. Each team member should be given a listing of a manageable number of participants, including their onsite housing assignment, emergency contact and emergency contact's phone number.
	During your pre-trip site inspection, determine the location of an emergency check-in point during a crisis at the event site, and/or at an alternate site, if the event site is unavailable. Participants should be told the check-in point(s) and informed as to whom they should report at that location in the event of a large-scale emergency.
	The following information should be available to both teams: □ Location of the event (how the home team can reach on-site team) □ Location of the nearest phone (for on-site team) □ Nearest doctor or medical facility □ Nearest authority (police, park office, sheriff, etc.)
	The plan should have the following elements: ☐ Who is in charge ☐ Action(s) to be taken in an emergency ☐ Alternatives

 \square Evacuation procedures

☐ People and agencies to notify ☐ Location of law enforcement ☐ Fire and health facilities

☐ Information you need to report an incident ☐ (Who) who was involved ☐ (When) date and time of incident ☐ (Where) location and community ☐ (What) nature of the illness or emer ☐ (How) how did it happen	
Name of Event:	
Date of Event:	
Name of Person Completing Checklist:	

On -Site Team:

In the event of a large-scale crisis situation, team members should report to the agreed upon meeting place with their participant list and begin checking-in delegates. As quickly as possible, but within a few hours of the onset of the crisis, the whole group should account for all delegation members. Missing or extra participants should be reported to the group leader or to the home team leader.

To help alleviate a deluge of calls coming to the group leader or home leader and to put worried minds at ease, leaders may also wish to instruct participants with cell phones to call their emergency contact persons/family/loved ones and tell these persons that indeed they are safe, and then allow others to use their telephones for the same purpose. Those not carrying cell phones may be encouraged to place such calls using other available telephones where it is safe and reasonable to do so.

Home Team:

Once informed of a crisis, Home Team members should begin calling the emergency contacts for the participants on their list. If participants are missing, injured or worse, Home Team members should visit the famil(y/ies). NOTE: Group leaders should make sure that Home Team members who might be called upon to visit the famil(y/ies) of injured participants have the appropriate pastoral training to handle the situation.

GUIDELINES FOR USING VARIOUS PARISH PROPERTIES

These requirements refer to any parish property where young people might have access. This includes, but is not limited to, the rectory, school, cafeteria, gym, sacristy, passageways, restrooms, offices, classrooms, boiler room, storage areas, and the playground. The following requirements should be used in tandem with any other requirements that are appropriate and that appear in this manual.

If you are the On- Site Group Leader, you are responsible for:

- Knowing where fuse box and all safety equipment is located
- Knowing where all keys and on/off switches for equipment are located
- Knowing how to operate the heat and air conditioning systems and who to call in case of failure
- Checking to see that the parking lot entrances are secured if not in use
- and unlocked if necessary
- Ensuring that unused areas of the facilities are locked and monitored
- Knowing any codes to any alarm systems
- Identifying main water valve and sprinkler system shutoff
- Making sure all hazardous materials are removed
- Knowing who else is in the building
- Making sure the restrooms are properly lighted, ventilated, and monitored
- Knowing the names and phone numbers of the proper contact person
- Knowing the location of the nearest phone (especially since mobile phones do not always work indoors)

GUIDELINES FOR SITE SELECTION FOR A PARISH YOUTH ACTIVITY

Re			

Regardless of location (private homes, Community Center, roller/ice skating rinks, amusement parks, etc.) It is strongly recommended that you visit all sites prior to selecting them for a youth activity and to travel to and from the location the same way the youth will travel (drive if you will travel by bus, for instance). You should visit hotels and restaurants that will be used as well.

	Visit the site in person before selecting it for youth activity, asking yourself:
	Is it safe?
	Can the facility accommodate the event we hope to have?
	Can the facility accommodate the physical needs of our participants?
	Can emergency vehicles reach us?
	Is the environment such that I can communicate easily with adult chaperons and youth participants?
	Have the facilities been inspected by appropriate government or other agencies?
	Is the facility clear of obvious health violations?
	Have other parishes or schools in the Diocese of Wilmington used this facility in the
	past? If yes, you should be in contact with those people.
	Will I be able to enforce the required rules?
	Is the facility adequately staffed?
	Make reservations in plenty of time and send deposit to facility if required.
	Have a knowledgeable person read over any contract and familiarize yourself with
	any requirements, cancellation fees, minimum participants, etc.
	(Parish approvals or authorizations may be needed to comply with some insurance
_	regulations).
Ц	Communicate the emergency phone number for the facility with parents of all participants as well a contact at the parish or school (See Form D).

REQUIREMENTS FOR ON SITE PARISH YOUTH ACTIVITY

Mainta	ain the appropriate ratio of cleared adults to yo	uth participants:
	Two cleared adults per the initial 7 youth for 8	th grade and below
	Two cleared adults per the initial 10 high scho	
	One cleared adult per each additional 10 yout	-
	Never one cleared adult working alone with your	
	Cleared adults should be in proportion to the attending the event	
	Reasonable consideration should be given to	a the number of cleared adults required for
	events with greater number of participants) the number of cleared addits required for
	Assure that the room where event is to ta	·
_	GUIDELINES FOR OFF SITE SELECTION FOR PAF	
Ц	Assure that the cleared adults exhibit behavior Norms for Church Personnel	ors consisted with the Ethical and Behavioral
	Explain and utilize the buddy system: youth pa	articipants should never be alone
	Know the number of participants and whereal	•
	v guidelines for written consent:	
	Annual consent: required yearly and kept on f (see Form A)	ile for all on-site events less than 6 hours long
	Event specific consent: required for all events, are more than 6 hours in length (see Form B)	on-site or off site, overnight or day-long, that
П	All Consent forms are to be saved in a secure l	ocation for a period of two years
	Maintain accurate records of attendance (see	-
	Know the location of emergency equipment file	•
		-
	Have a phone on hand in case of an emergence	•
	Be aware of building layout and location of em	iergency exits
		witawad ay a wagular basis
	Check that areas of building not in use are mo	
	Stay with another adult until all youth are pick	red up following the event
	Complete Event Evaluation (Form F)	
	Name of Event:	
	Date of Event:	
	Name of Person Completing Checklist:	

REQUIREMENTS FOR OFF SITE PARISH YOUTH ACTIVITY

Commentary:

- Follow the guidelines outlined in the SITE SELECTION section of this manual
- Follow the TRANSPORTATION and other appropriate sections of this manual if this event requires transportation
- Follow the OVERNIGHT ACCOMMODATIONS section of this manual if appropriate
- Certain organizations (Boy Scouts, Girl Scouts, Athletics, etc.) and some
- parishes may require permits for youth events held away from their normal meeting places – these regulations must also be followed.

Maint	ain the appropriate ratio of cleared adults to youth participants:
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	Two cleared adults per the initial 10 high school youth
	One cleared adult per each additional 10 youth in all age groups
	Never one cleared adult working alone with youth
	Cleared adults should be in proportion to the gender breakdown of the youth
	participants attending the event
	Reasonable consideration should be given to the number of cleared adults required for events with greater number of participants
	Explain and utilize the buddy system: youth participants should never be alone
	Assure that the cleared adults exhibit behaviors consisted with the Ethical and
П	Behavioral Norms for Church Personnel Know the number of participants and whereabouts of participants at all
	know the number of participants and whereabouts of participants at all
	times
Follow	
Follow	times
_	guidelines for written consent: Annual consent: required yearly and kept on file for all on-site events less than 6
_	guidelines for written consent: Annual consent: required yearly and kept on file for all on-site events less than 6 hours long (see Form A) Event specific consent: required for all events, on-site or off site, overnight or day-
	guidelines for written consent: Annual consent: required yearly and kept on file for all on-site events less than 6 hours long (see Form A) Event specific consent: required for all events, on-site or off site, overnight or daylong, that are more than 6 hours in length (see Form B) All Consent forms are to be saved in a secure location for a period of two years Hold a Parents' Meeting prior to the event to share information procured during the
	guidelines for written consent: Annual consent: required yearly and kept on file for all on-site events less than 6 hours long (see Form A) Event specific consent: required for all events, on-site or off site, overnight or daylong, that are more than 6 hours in length (see Form B) All Consent forms are to be saved in a secure location for a period of two years
	guidelines for written consent: Annual consent: required yearly and kept on file for all on-site events less than 6 hours long (see Form A) Event specific consent: required for all events, on-site or off site, overnight or daylong, that are more than 6 hours in length (see Form B) All Consent forms are to be saved in a secure location for a period of two years Hold a Parents' Meeting prior to the event to share information procured during the pre-trip inspection as well as to field any questions
	guidelines for written consent: Annual consent: required yearly and kept on file for all on-site events less than 6 hours long (see Form A) Event specific consent: required for all events, on-site or off site, overnight or daylong, that are more than 6 hours in length (see Form B) All Consent forms are to be saved in a secure location for a period of two years Hold a Parents' Meeting prior to the event to share information procured during the pre-trip inspection as well as to field any questions Maintain accurate records of attendance (see Form C)
	guidelines for written consent: Annual consent: required yearly and kept on file for all on-site events less than 6 hours long (see Form A) Event specific consent: required for all events, on-site or off site, overnight or daylong, that are more than 6 hours in length (see Form B) All Consent forms are to be saved in a secure location for a period of two years Hold a Parents' Meeting prior to the event to share information procured during the pre-trip inspection as well as to field any questions Maintain accurate records of attendance (see Form C) Know the location of emergency equipment first aid kit, fire extinguisher, exits

numbers ☐ Make sure all participants have picture is ☐ Check that a cell phone is available in cas ☐ Instruct chaperons to correct inappropris	list of participants and emergency contact dentification with them at all times se a need arises for emergency assistance ate behavior immediately cedures in case of an accident or a health
Name of Event:	
Date of Event:	
Name of Person Completing Checklist:	
Planning Notes:	

disqualified.

homeowner/staff?

GUIDELINES FOR SITE SELECTION FOR A PARISH YOUTH ACTIVITY IN A PRIVATE HOME

Note: When using a private home for youth activity (small group faith sharing, Bible study, etc.), it is incumbent upon the Church/School personnel to make a site visit prior to approving the location for ministry as well as at least once while ministry is taking place. This list is not comprehensive and there may be other factors used in disqualifying a location. ☐ Are there any visible signs of risk (exposed electrical outlet, tripping hazards in driveway or sidewalk, etc.) If yes, this site is disqualified. ☐ Is the pathway from the drop off location or parking to the home well lit? ☐ Can pets be kept in a secure location so that do not bother/harm the participants? If pets are present, be aware of participants' allergies. ☐ Participants are to be chaperoned at all times. (Young people are, for example, not allowed to be sent to the basement "to play" instead of/after gathering for their stated purpose.) ☐ Is there a liquor cabinet on the premises? Is it kept securely locked? Is the key kept out of the reach of young people? If cabinet is not securely locked, etc., this site is disqualified. \Box Can the facility accommodate the event (number of attendees) participants? If no, this site is disqualified. ☐ Can the facility accommodate the physical needs of our participants? (Is there enough space? Are there enough seats, etc?) If no, site is disqualified. ☐ Is there a trampoline onsite? If yes, participants are not permitted to use it. (see list of prohibited activities). ☐ Can emergency vehicles reach us? If no, this site is disqualified. ☐ Is the environment such that I can communicate easily with adult chaperons and youth participants? ☐ Are there firearms in the house? If yes, this site is disqualified. ☐ Does the homeowner have current homeowner's insurance? (A copy of the policy must be obtained) If no, this site is disqualified. ☐ Will I be able to enforce the required rules (i.e., or is the space so wide open that I will never be able to keep track of participants)? ☐ Is it necessary to enter a bedroom to use the bathroom facilities? If yes, this site is

This form must be used in conjunction with the "Requirements for Off Site Parish Youth Ministry".

parents/guardians of attendees? (See Form D)

☐ Has the contact information for this location been made available with the

☐ Have health concerns, such as diabetes, epilepsy, etc. been made available to the

GUIDELINES FOR DANCES

Preface:

A dance can be a great social event for young people. Because the expenses are low and the attendance is usually high, it can also be a good source of revenue. Every effort, however, must be made to ensure that the dance is a place where young people receive a positive message visa vi the music, the games, the chaperones, the required dress, and the like. When hosting a dance for young people, please be aware of the following guidelines.

This form must be used in conjunction with the GUIDELINES FOR SITE SELECTION.

☐ The number of adults needed is largely dependent upon: number of attendees, ratio of boys/girls attendees, age of attendees, number of exits and how well lit they are, number of bathrooms and how accessible they are to the actual dance, the size of the parking lot and its location in terms of distance from the actual dance, and the like.

Obviously a dance that follows the normal adult-youth ratio would become unmanageable very quickly. Every effort should be made to take into consideration the factors listed above. Under normal circumstances with two or three well lit exits for the building and one bathroom each for boys and girls, the follow ratios are suggested:

Every effort should be made to have a chaperone ratio that matches the ratio of males/females in attendance. Cleared adults must also wear CYM ID badges.

Up to 100 attendees (min. 7 cleared adults) Up to 150 attendees (min. 9 cleared adults) Up to 200 attendees (min. 11 cleared adults)

Up to 250 attendees (min. 13 cleared adults and one off-duty officer) Up to 300 attendees (min. 15 cleared adults and one off-duty officer) Up to 350 attendees (min. 17 cleared adults and one off-duty officer) Up to 400 attendees (min. 19 cleared adults and one off-duty officer)

Up to 450 attendees (min. 21 cleared adults and one off-duty officer) Up to 500 attendees (min. 23 cleared adults and one off-duty officer) More than 500 attendees – please call CYM (302-658-3800)

At all times, event leaders should be aware of the maximum number of people allowed by the fire code. In addition, there should be no fire code violations such as blocked or locked exits.

	d adults (with nametags) should be assigned posts that include but are not limited to: Roaming around the dance floor (perhaps a couple that dances)
	Stationed at the exits to ensure that no one leaves or arrives unnoticed
	Patrolling the parking lot periodically to ensure that no one is "hanging around" unsupervised
	Assisting at the refreshment stand to ensure spills are cleaned up quickly and general order is maintained
	Assisting at the registration desk to ensure the monies collected are properly handled, guests have turned in appropriate paperwork and all attendees have a permission slip on file
For Hig	gh School Dances:
	One or two men periodically checking the boys' bathroom (every 20 minutes or so) One or two women periodically checking the girls' bathroom (every 20 minutes or so) Bathrooms should be checked for: Vandalism
	 Participants smoking Inappropriate contact or other behavior
For Jur	nior High Dances:
	One cleared adults should be stationed outside each restroom in shifts (male outside boys' room, female outside girls' room) for the duration of the event to monitor loitering, potential vandalism or other Code of Conduct violations.
	Careful consideration should be given to the selection of your DJ. This person will be responsible for setting the tone for the dance. He/she should be encouraged to play music with positive messages, to host all—inclusive games, and most importantly, he/she should feel comfortable saying "no" to a participant who request a song that is inappropriate. There should be a written agreement between the host parish/school and the DJ outlining the expectations of the event.
	There must be a signed consent form on site for each participant. Publicizing this ahead of time will lessen the headache the day of the event. Make the permission form available online for parents to download or hand them out at the beginning of the year. If you use the Annual Permission Form, have copies available on site and a master list of those whose forms you have. Guests of participants are welcome but must also provide written permission that includes an emergency contact number.
	 Suggestion: some parishes use ID cards that are sold at the beginning of the year when forms are filled out. Knowing that those who have an ID card also have a written consent on file is one way to cut down on the last minute rush. Still, the first dance of every year will probably be accompanied by a rush of those

wanting/needing to fill out the proper forms. Once everyone catches on, participants
and their parents will become much more cooperative.
All dances should begin and end with prayer. The use of modern music in prayer is
encouraged.
When the dance ends, parents should be encouraged to come into the dance a few
minutes early (especially in the case of junior high students). This allows the parents to be
a part of the experience and affords the young people an escort to the car.
All music that is played should have a positive message. Use Cornerstone Media
(<u>www.cornerstone.net</u>) as a resource.
There should be no "bumping and grinding," no "crowd surfing" and no "mosh" pits.
Consequences of inappropriate action should be made clear. If someone smokes, for
instance, he/she is sent home, etc. See also Guidelines for Sending a Young Person Home

GUIDELINES FOR SENDING A YOUNG PERSON HOME

Preface: Occasionally it is necessary to send a young person home from an event because of his or her behavior. If, for instance, the rules clearly state (as the Code of Conduct, Form G, does in fact state) that boys and girls are not allowed in each other's sleeping rooms, and you find that some boys (or girls) have left their own rooms in the middle of the night and are "hanging out" in the girls' (or boys') rooms, the event leader should send those involved home. They have clearly violated the Code of Conduct. This checklist will help you handle such a situation effectively and pastorally. ☐ If the action in question is illegal in nature, the event leader must notify the authorities and separate the young people from the rest of the group before contacting the parents. □ NOTE: A pastoral response is paramount. If the behavior occurs in the middle of the night, for instance, it would be appropriate to wait until morning to deal with the consequences, so long as the event leader has addressed the action and informed the young people of the consequences. Adult leaders should treat the young people as the gifts from God they are and make every effort to ensure that nothing is said or done by the adults or other participants to cause embarrassment or humiliation for the young people who face expulsion from the event. In addition, adults must refrain from joking about the behavior in question with other adults or with young people. ☐ The event leader and the young person (people) should discuss the Code of Conduct violation. It is appropriate to seek an explanation for the behavior and to discuss the implications of that behavior on the rest of the group, the event, the reputation of the parish/school, etc. ☐ The event leader and other adults should discuss the infraction to ensure that the facts of the situation are accurate. Only the facts, and not opinions, frustration, or anger, are to be part of the discussion. ☐ The event leader should call the young person's parents and inform the parents to pick up their child/ren as soon as possible. As a general rule, refunds are not offered to young people who are sent home. ☐ When the parents arrive, the young person should be with the event leader when the event leader meets the parents. The young person should be a part of the conversation that ensues unless the parent asks the young person to remove him/herself. ☐ The event leader should encourage parents to discuss the situation with their child/ren.

encouraged to return to future events.

The parents and/or event leader should encourage the child to consider apologizing to the rest of the group and to adult leaders at a later date. The young person should be

GUIDELINES/REQUIREMENTS FOR OVERNIGHT ACCOMMODATIONS

		Assure that rooms at a hotel/motel empty into interior halls that are lighted and secure Avoid rooms with balconies
		Seek hotels/motels with security officers on staff
Fol	low	Diocese of Wilmington policies for housing :
		Those under the age of 18 must be housed together according to gender
		Those over the age of 18 but under the age of 25 must be housed together according to
		gender unless legally married Cleared adults (those over the age of 25) must be housed together according to gender unless legally married
		No adult is to room with a young person unless the two are related
		Where possible, males and females are to be housed on separate floors
		In camp settings where participants are lodging overnight in cabins, adults (although never alone) are permitted to lodge in the same cabin as same-gender youth participants, but are encouraged to use the bed closest to the door and farthest away from youth
		participants
		If using host families, one cleared adult must stay with each group of young people housed with host families. (The expectation is, of course, that the host family will be present throughout their stay.)
		Make rooming lists available to the adults and the hotel security officer
	_	groups may use non-standard accommodations (gymnasiums, cafeterias,
auc		riums, etc.) If so, special provisions apply:
		Assure that room is set up with specific areas for different genders
	\Box	Assure privacy for cleared adults and youth participants as much as reasonably possible

GUIDELINES FOR TRANSPORTING YOUNG PEOPLE BY BUS

These regulations are for travel on all bus type vehicles hired from a commercially licensed carrier. Adults and participants should *always:*

- Abide by all regulations and guidelines of bus company
- Follow Bus driver's instructions to ensure safety

Loading Passengers

- Require passengers to stand back at least 10 feet from bus as it approaches
- Only board passengers when the bus is completely stopped, with parking brake engaged and appropriately displaying flashing safety lights
- Only board the number of passengers legally approved for the vehicle
- Account for all passengers entering bus
- Be sure that all riders have entered the bus and are seated before proceeding
- Check mirrors to ensure clearance around bus
- Distribute passengers evenly if bus is not filled
- Keep passengers seated
- Never load passengers via the rear door (emergency exit)
- Never stand behind bus for any reason

While in Transit

- Instructions of driver must be followed to maintain safety
- Driver is obliged to follow all safety procedures
- Address behavioral issues quickly focusing on those causing disruption
- Be positive, invite suggestions, remain level-headed at all times
- If behavioral problems are not resolved via initial action:
 - Stop vehicle in a safe place off of road
 - Stop engine
 - Speak directly to the disruptive individuals
 - Move those causing disruptions
 - Contact parish/school and parent(s) of offenders if travel may not be resumed safely
 - Prepare discipline report per parish/school guidelines

Unloading Passengers

- Check mirrors for clearance around bus before discharging passengers
- Do not move bus until discharged passengers are at least 10 feet away from bus (utilize a visual check and a scan of mirrors)
- Passengers should only cross in front of bus after directed by bus driver
- Never unload passengers via the rear door (emergency exit)

TRANSPORTATION BY AUTOMOBILE

J	Commentary:
	These Guidelines apply for all travel when transportation is arranged as part of an event that is sponsored by a parish or diocesan institution. For instance, if young people from St. Timothy's Parish/School are going ice skating and transportation is arranged by parish/institution personnel, these guidelines apply. The Diocese of Wilmington does not seek to control transportation arranged among family friends or neighbors. While common sense should govern all transportation arrangements, these guidelines would not apply if the transportation is not specifically arranged by the parish/institution.
	 Only cleared adults 25 years of age or older may be drivers to and from parish youth activities Check that all vehicles meet safety Standards, use the VEHICLE INSPECTION CHECKLIST that appears in this manual
	The use of 15 passenger vans for the transporting of young people under the age of 18 is strictly prohibited by the Diocese of Wilmington. No transportation or travel (of passengers) is permitted in the back of trucks or on
	trailers (hayrides and parades may be an exception).
	trailers (hayrides and parades may be an exception). □ Obtain a certificate of insurance from the owner of the vehicle if vehicle is privately owned (\$50,000 (bodily injury liability maximum for one person injured in an accident), \$100,000 (bodily injury liability maximum for all injuries in one accident), \$50,000 (property damage liability maximum for one accident) is minimum coverage recommended.)

☐ Check that the driver is not taking any medication that might make him or her sleepy or otherwise impaired

☐ Drivers are not to wear headphones while they are driving

☐ Know how to change a tire

☐ Know how to lock and unlock the vehicle

☐ Drivers are not to transport more persons that the capacity (number of safety belts) of the vehicle

	Driver and all passengers must wear both a lap belt and a shoulder belt
	Select all routes in advance of the trip
	Check that all drivers have written instructions of the route
	Check that all drivers have a map
	Check that all drivers have money if toll roads are to be used
	If you are traveling in a caravan ¹ , designate a lead vehicle
	Drivers are to maintain a safe distance from other vehicles
	Speed limits are to be obeyed
	Check that a mobile phone is available in each vehicle
	Check that a separate set of keys are kept by a person other than the driver
	Check that all drivers know how to respond should an accident occur
	Drive with headlights burning at all times
	Obtain a weather report prior to departing on the trip
	Daylight travel is preferred
	Limit daily travel to eight hours
For tra	veling in adverse weather conditions:
	Before beginning a trip in adverse weather conditions, contact the state police and obtain a road advisory or road report
	In poor visibility instruct driver to pull off the road to a safe location and wait for conditions to improve
	If weather changes suddenly, instruct drivers to stay in the flow of traffic but maintain a longer than normal following distance
	Reduce speed in adverse weather conditions
	Be alert for slippery roads in rain and snow

¹ Travel in a caravan style is not recommended as it promotes inattentive driving habits. Use the following techniques: 1. set a defined time and area for departure, 2. meet at periodic checkpoints, and 3. set a daily destination. Plan driving times to take into account weather conditions and speed limits.

VEHICLE CHECKLISTS

Pre-Tr	ip Checklist
	Each driver/chaperone in vehicle has contact information for parents of passengers and know procedures for initiating contact with parents if necessary Valid license plate(s) and inspection stickers/decals are displayed Fluid levels are at expected levels (e.g., oil, coolant, transmission fluid, power steering fluid, windshield washer fluid are within proper guidelines) Fuel tank is full Tires are properly inflated and do not show signs of excessive wear of damage Headlights, taillights, turn signals, side marker lights function properly Dashboard instrumentation and warning lights function Mirrors are properly adjusted Functioning seat belts are available for all passengers and are used by all passengers Make sure children under age 12 are not seated in a front seat where an airbag may deploy There are no obvious hazards or signs of danger
	All doors and windows open and close properly e Emergency Kit
	A vehicle emergency kit is on board each vehicle, which includes:
	Roadside warning sign (e.g., reflector triangle, flares, distress flags, etc.) A functioning flashlight Emergency numbers (e.g., AAA or other road service agency) A properly inflated spare tire, a vehicle jack, and any other items necessary to change a tire Battery booster cables (where applicable) Extra fuses Red or white cloth of handkerchief (distress flag) Vehicle operators' manual A first aid kit is on board which includes: bandages, gauze, cold packs, medical tape, protective gloves, antibacterial cream, bee sting kit
Cold V	Veather
	Make sure all drivers are knowledgeable and properly trained in handling vehicle in cold weather/adverse conditions Obtain a weather report before departing and modify or postpone plans if severe adverse weather conditions are forecast Driver should use sunglasses to reduce glare Travel on major highways, preferably during daylight hours

If weat	ther conditions deteriorate:
	Pull completely off of road to the safest location possible in area
	Activate hazard flashers, set up flares/warning triangle, place distress flag on antenna or door handle
	Remain in vehicle (unless near a building within sight that may be reached safely on foot) Call 911 via cell phone
	Maintain heat by running engine for limited periods (to prevent carbon monoxide buildup) Open windows slightly to introduce fresh air into vehicle Ensure that vehicle exhaust is unobstructed One person should stay awake for safety reasons In cold weather the on board supply kit should also include: blankets, shovel, windshield scraper and brush, extra windshield washer fluid, waterproof matches, sand or cat litter (for traction in ice/snow), battery-powered radio, batteries, list of area emergency radio stations
Mecha	anical Problems
	Ensure that all drivers are familiar with procedures in case of mechanical problems (e.g., all drivers have AAA or other road service phone number/card, driver has means to pay for repairs, if necessary) Access vehicle emergency kit (see above) If vehicle becomes disabled: Pull completely off of road to the safest location possible in area Activate hazard flashers, place distress flag on antenna or door handle Place 3 warning signs/reflector triangles behind vehicle (one at 10 feet behind, one at 100 feet behind, one at 200 feet behind—as possible) Notify police or AAA/Road Service agency Raise hood to indicate a mechanical problem Keep all occupants in vehicle to maintain safety
Post T	rip Inspection
	Park in a well-lit area Check that all passengers have exited vehicle Inspect vehicle for vandalism/damage and left personal items Close all windows and lock all doors, trunk, etc. Return keys and any necessary paperwork to parish/school office: Permission Slips, Incident Reports, Attendance Lists

Checklist In Case of an Automobile Accident

Follow PREPARING AN ACCIDENT REPORT (See Form F) as soon as possible following an automobile accident

RECREATIONAL ACTIVITIES: PROHIBITED ACTIVITIES

Recreational activities are included in youth programs for their inherent values of leadership, team play, discipline, and socialization.

Practices or games sponsored as part of the Office for Catholic Youth Ministry (CYM) league(s) must follow all CYM Rules and Regulations as outlined in the Athletic Handbook. This handbook is available at www.cdowcym.org/athlman.

Certain high-risk activities are strictly prohibited. These activities include, but are not limited to:

- sky diving
- hang gliding
- parasailing
- bungee jumping
- rodeo activities
- use of trampolines
- use of all-terrain vehicles
- any bus or vehicle "pulls"
- skateboarding (permitted by BSA with guidelines)
- sledding or inner-tubing is prohibited when the sled or inner tube is pulled by a motorized vehicle of any sort
- scavenger hunts that require young people to leave an event site are prohibited
- martial Arts (competitive Boxing, etc.)
- fireworks use
- participations in motorized speed events
- motorized personal watercraft

Certain high-risk activities may be undertaken only in planned events with the assistance of certified instructors:

- SCUBA Diving
- Snorkeling
- Waterskiing
- Board Sailing
- Whitewater activities (canoeing, rafting, etc.)
- Caving
- Defensive martial arts
- Climbing and rappelling

RECREATIONAL ACTIVITIES: GAMES

Commentary:
If practices or games are part of the CYM league, you must follow all CYM Rules and Regulations as outlined in the Athletic Handbook.
Depending upon the location of this event, you should refer to either the ON SITE PARISH YOUTH ACTIVITY or OFF SITE PARISH YOUTH ACTIVITY requirements.
 □ Check that a medical treatment consent form is on file for each child that participates in youth activities. □ A game should not be played unless a clear playing area exists without any hazards (including no debris on the ground). Fields should not be used if trees, tree roots, wires, sprinklers, hoses, holes, signs and other hazards are present. Before play begins, inspect the playing area for hazards. □ Check that the playing area includes a buffer zone. Do not use areas that are next to roads unless they have adequate barriers. □ Make sure the activity is appropriate for the age and skill level of those involved. □ Have participants warm up before play begins. □ Before play begins, instruct participants to remove any jewelry such as rings, bracelets, or watches that could cut another player. □ Explain the rules of the game to all adult chaperons including what is acceptable and unacceptable behavior. □ Maintain a balance between skill and size when dividing up teams. □ Give children the freedom to participate or not. □ Know emergency procedures in case of an accident or a health problem □ Correct inappropriate behavior immediately. □ Prohibit tree climbing as a part of any game. □ See all the participants all the time. □ Use time-outs to control the level of play. □ Equip chaperons with a whistle so they can gain immediate attention from the participants. □ Inspect the condition of any equipment needed □ Use appropriate personal safety equipment
☐ Keep a weather watch. Stop play if weather includes lightening or heavy rain
Guidelines for Football (no-tackle):
Maintain a balance between skill and size when dividing up teams.Instruct players not to wear metal cleats.

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Guidelines for Baseball and Softball:

From people face g	nentary; a risk standpoint, baseball and softball can cause sports-related injuries to young e. To reduce the number of injuries, participants should always use a helmet with a guard, substituting softer balls for standard balls should be considered, as should led safety bases.
	Recommend batting helmets with faceguards. Recommend softer-than-standard baseballs and softballs to reduce injuries. Use safety bases that release from ground upon impact and that leave a smooth area on the ground where they were located.
Guide	lines for Basketball:
	Recommend shoes designed for basketball to reduce sprains and foot injuries. Encourage use of protective eye gear and mouth guards to lower eye and teeth injuries. Require children who wear eyeglasses to use headbands to hold the eyeglasses to their head. Immediately mop up water spills or perspiration that gets on the court to prevent slips and falls. Keep loose balls and other items off the court during play.
Guide	lines for Soccer:
Some	mentary: movable goals tip over and cause serious injuries to victims. These goals often between 150-500 pounds. Children should not be permitted to move goals.
	Instruct children on the dangers associated with the goals and never permit anyone to climb on a goal or to hang from the crossbar. Use only trained adults to move the goals. Instruct supervisors to maintain a balance between skill and size when dividing up teams.
Guide	lines for Volleyball:
	Make sure the court is clearly marked. Inspect net. Ensure that the net is securely anchored by stakes or weighted Standards. Make sure that anchor posts are at least 3 feet outside of playing area. Check top of net if covered with a protective surface and is not torn or worn. Check that a buffer zone exists around the perimeter of the playing area. For indoor courts, space should be at least 6 ½ feet around court. Ensure that all players are familiar with the rules of game and are fit to play and have proper equipment (especially knee pads).

RECREATIONAL ACTIVITIES: SKATING, SNOW SKIING, SNOWBOARDING, AND FIREWORKS

Commentary:

Common injuries include damage to knees, elbows, ankles and wrists. To avoid such injuries use appropriate padding and guards.

You must also use the OFF SITE PARISH ACTIVITY requirements.

SKATING

Common injuries to new skaters include injuries to knees, elbows, ankles and wrists. To avoid such injuries use appropriate padding and guards.

Skateboarding is not an approved activity by the Diocese of Wilmington

	For ice skating, use only public rinks or areas that are certified as safe. Instruct supervisors to correct inappropriate behavior immediately. Instruct supervisors on emergency procedures in case of an accident or a health problem. While popular in many parts of the country, skateboard ramps create serious risk of neck and head injuries and are not recommended for church use.
SKIING	AND SNOWBOARDING
Wrist i	njuries often occur when people stretch out their arms to break a fall.
	Encourage skiers to wear a helmet
	Encourage skiers to wear wrist bands.
	Instruct skiers to maintain a safe speed.
	Instruct skiers to stay on trails.
	Instruct skiers to use trails for their level of expertise.
	Instruct skiers to slow down at points where ski trails merge.
	Instruct skiers to take regular breaks and not to ski when they are tired
	Instruct supervisors to correct inappropriate behavior immediately.

☐ Instruct supervisors on emergency procedures in case of an accident or a health problem.

FIREWORKS

Use of Fireworks in any form is prohibited in the Diocese of Wilmington.

RECREATIONAL ACTIVITIES: WATER SPORTS AND ACTVITIES

	Commentary: This guideline should be followed for most water related activities including swimming, boating, canoeing, rafting, tubing, water-skiing, etc.
	Refer also to either the ON SITE or OFF SITE PARISH YOUTH ACTIVITY requirements.
	 □ Recognize the Key Elements for water safety: Proper supervision (water safety training, consideration for lifeguards, posted lookouts, etc.) Recognition of ability – training, safety review before the event, swim check, etc. Use a buddy system with periodic checks Appropriate safety equipment (personal flotation, throw-ropes, etc.) Inspection of equipment (boats, paddles, oars, rope, skis, etc.) Review emergency procedures with all chaperons: Location and use of life rings/buoys, rope, shepherd's hook rescue device Location of telephone First Aid procedures
•	Special awareness for swimming: □ Select a safe area (pool or beach under control of an appropriate authority) □ Be aware of swimming ability of each young person (test if necessary) □ Restrict diving to appropriate areas (pool visibly clear to 7 feet – no diving over 3 foot height unless depth exceeds 12 ft □ Instruct swimmers to avoid drain areas or mechanical inputs When swimming in the ocean: □ Be aware of surf conditions (e.g., rip currents, shore break) □ Be aware of weather conditions posted, notices for changed/adverse weather conditions, location of lifeguards
	Special awareness for float related activities: □ Before using boats, check to ensure they contain an adequate number of life vests, including a throw line and a life preserver. – (Personal Floatation Devices are to be used, not just available).
	 Fuel the boat before leaving the dock (carry extra fuel on board). Check that the boat is equipped with a working fire extinguisher. Instruct riders not to dive off the boat into shallow water, or into any location where hazards may exist such as rocks or trees below the surface.
	 □ Permit only experienced adults to drive motorized boats. □ If water skiing or tubing takes place, require that the boat have a driver and a spotter. □ Establish hand signals to communicate between the spotter and those being pulled behind a boat in case a problem should occur. □ Instruct individuals that in case of capsize; they should stay together and cling to a part of the boat that is above water until help arrives.

SPECIAL ACTIVITIES: CAMPING TRIPS AND HIKING

Comme Never u	entary: use portable heaters inside tents. Carbon monoxide poisoning can occur.
_	f CM poisoning include flu like symptoms such as headaches, nausea, dizziness or If such symptoms are present, seek immediate medical attention.
respect	d Girl Scout organized campouts must follow guidelines and regulations of their ive organizations including: supervision, fitness, planning, permits, equipment, tion, condition monitoring, and discipline)
	Follow the OFF SITE PARISH ACTIVITY, SITE INSPECTION and the OVERNIGHT ACCOMMODATIONS requirements in this manual
	Site inspections for safety and health risks must be made before setting camp, during the
	event, and following pack-up
	Warn campers about the risk of carbon monoxide poisoning that can occur through the use of grills, portable heaters, lanterns, or stoves that use fossil fuels such as kerosene charcoal, wood, or propane
	Prohibit the use of portable heaters while sleeping inside of tents or campers, or inside of a vehicle
	Prohibit rock climbing unless professional supervision is present
	Provide instructions on the proper storage of food
	Instruct hikers to stay on trails and make sure campers can identify poisonous plants such as poison ivy
	Instruct campers to use appropriate insect repellents
	Instruct campers to avoid brush piles that may harbor snakes
	Instruct campers to avoid contact with any wild animal
	Instruct campers to stay together while hiking and not to wander off the trail

☐ Instruct supervisors on emergency procedures in case of an accident or a health problem

SPECIAL ACTIVITIES: BICYCLING

Commentary:

Bike injuries can often be avoided by noting the following:

- Stop at all stop signs or traffic signals
- Use hand signals
- Wear bright/reflective clothing
- Never turn left into oncoming traffic
- Don't swerve into traffic that is approaching the rider from behind
- Don't ride against the flow of traffic

Always have a leader proficient in this type of activity. He/she can notice proper equipment upon inspection and can safely guide others through an enjoyable experience.

	safety standard. Instruct riders on the proper use and fit of the helmet. The helmets should be secure, but comfortable, and should not move around on the head. When worn properly, the helmet is positioned near the eyebrows and does not expose the forehead.
Check	each of the following before the trip begins:
	that riders wear fluorescent and brightly colored clothing to make them more visible.
	1 that bikes used at night have both a headlight and a taillight;
	1 that riders check that nuts and bolts are tight;
	that riders inspect tires and air pressure;
	that the seat height is appropriate for the rider;
	1 that riders test brakes;
Instru	ct all riders to obey the following rules:
	1 to ride with the traffic, and not against traffic;
	1 to stay in a single line to the far right of the road maintaining a safe distance between each bike;
	1 to obey the same laws for motorized vehicles;
	1 to never assume that a driver of a car sees you, but to stay alert and be on guard for a car turning into your path;
	1 to warn pedestrians before you pass them;
	1 to be especially careful when descending hills and be prepared to stop if there is an
	intersection at the bottom of the hill;
	1 to move to a safe location away from the road when stopping for a break;
	1 to keep bikes locked when not in use and to lock the back wheels to an immovable
	object.

SPECIAL ACTIVITIES: HAYRIDES

Со	m	m	en	ıta	r	/ :

Annual Hayrides can be an exciting endeavor for adults and participants. Every precaution, however, should be taken to avoid accidents which can harm or even kill participants. Trip Coordinators should only use companies that specialize in providing hayrides for young people. Once such a company is located, don't be afraid to check with the leaders of other groups that have used their services.

Follow the OFF SITE PARISH ACTIVITY requirements in this manual
Inspect the tractor and the wagon to verify they are good repair
Check that the wagon is clean and equipped with side walls
Prohibit the use of two wagons that are hitched together
Check that the driver is fully trained and experienced in driving the tractor while pulling a
wagon
Check that the driver has a written checklist of all safety precautions
Review the safety procedures with the adult supervisors prior to beginning the hayride
Select the route in advance and fully inspect it for hazards
Require the driver to practice driving the route with the wagon prior to the hayride
Avoid the use of busy roads or roads that are too bumpy
Check Consent forms to ensure that no participants suffer from Hay Fever or grass-
related allergies
Instruct riders to sit in such a manner that no part of the body can extend past the side,
back, or front of the wagon
Instruct riders to remain seated inside the wagon at all times
Instruct riders to keep their arms, head, and legs inside the wagon
Use only wagons equipped with proper seat belts and safety equipment for small children
Instruct the driver to maintain a safe distance at all times if you use a trailing car
Never fill wagon above capacity
Instruct the driver to keep the hazard lights on if you use a trailing car,
Check that the tractor pulling the wagon has warning hazard lights and lights on the back
that illuminate the wagon
Check that chaperons have a flashlight if the hayride occurs at night
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Instruct the driver to maintain a low speed
Check that there is a spotter who rides alongside of the driver that can relay information
to the driver as warranted

SPECIAL ACTIVITIES: WORK SITES/WORK CAMPS

GENERAL CONSIDERATIONS

	Follow either the ON SITE PARISH ACTIVITY or the OFF SITE PARISH ACTVITY requirements
	found in this manual Follow the SITE SELECTION and TRANSPORTATION requirements, and others as
_	appropriate
	, 31 1
	Clear instructions on what type of activities they may or may not do
	A review of all safety precautions and the proper use of safety equipment
	A demonstration to young people of the tasks they will undertake, with proper feedback on correcting behavior that could endanger themselves and/or others
	Provide clear instructions for using particular tools and prohibit those under the age of 18 from performing any dangerous tasks
SAFET	Y CONSIDERSTIONS
	Maintain a well-stocked first aid kit on site
_	Manitani a Wen Stocked inst did kit on site
	Routinely check contents of kit to ensure that perishable items have not expired
_	
	Routinely check contents of kit to ensure that perishable items have not expired Ensure that all chaperons know location of kit and how to properly use all first aid supplies Include: bandages, gauze, cold packs, medical tape, protective gloves, antibacterial
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	Routinely check contents of kit to ensure that perishable items have not expired Ensure that all chaperons know location of kit and how to properly use all first aid supplies Include: bandages, gauze, cold packs, medical tape, protective gloves, antibacterial cream, bee sting kit (Benedryl™ or Epi-Pen) Maintain a well-stocked first aid kit in vehicles while traveling (see TRANSPORTATION section) Make sure that all chaperons know location and phone number of nearest hospital/emergency treatment center Have access to a telephone to contact emergency medical assistance
	Routinely check contents of kit to ensure that perishable items have not expired Ensure that all chaperons know location of kit and how to properly use all first aid supplies Include: bandages, gauze, cold packs, medical tape, protective gloves, antibacterial cream, bee sting kit (Benedryl™ or Epi-Pen) Maintain a well-stocked first aid kit in vehicles while traveling (see TRANSPORTATION section) Make sure that all chaperons know location and phone number of nearest hospital/emergency treatment center

Additional Resources for Safe Environment Bereavement Support Groups for Children & Adolescents

- 1. Bereavement Support Groups for Children & Adolescents
 - Compassionate Friends for assisting children/siblings- Bereavement at Ronald McDonald House – (302) 376-0300
 - Supporting KIDDS Kids Involved in Death, Divorce, and Separation (302) 658-5433
- 2. Catholic Charities
 - Wilmington (302) 656-0651
 - Dover (302) 674-1600
 - Georgetown (302) 856-9578
 - Salisbury, MD (410) 749-1121

The following Pamphlets & Services Available (also available in Spanish) are available from Catholic Charities:

- AIDS A Christian Response Family Resource Center (302) 655-9624
- Addictions Outpatient Treatment for Adults
- Addictions Outpatient Treatment for Children and Adolescents
- Are You Pregnant and Feeling Scared? Thinking About Abandoning Your Baby?
- Parenting Skills Group
- Safe Arms for Babies 1(800) 262-9800
- Support for Sexual Abuse Survivors Group (pamphlet included in manual)
- Tips for Teens About Inhalants
- When Does Life Begin?
- Why Do Teens Say Yes to Sex?
- Visually Impaired Fund
- 3. Delaware Helpline for Referral for Delaware State Services 1(800) 464-4357
- 4. Office of Prevention Resource Clearinghouse (302) 892-4505

To obtain the following pamphlets (available in Spanish) as well as other topics not listed please visit the Barley Mill Plaza, Building 18 (pamphlets available in Spanish) 4417 Lancaster Pike, Wilmington, DE 19805

- About Anger
- About Adults Abused as Children
- About Alcohol, Child Abuse and Child Neglect
- About Children with Special Needs
- About Child Safety
- About Preventing Youth Violence in Your Community
- About Teens and Stress
- About Your Child's Emotional Health

- Alcohol, Other Drugs, and Driving
- Anyone Can Get AIDS
- Children and Guns
- Child Neglect
- Depression
- How to Develop Your Decision-Making Skills
- Learn About Diversity
- Learn About You, Your Child and School Readiness
- Never Shake a Baby
- Parents and Stress
- Raising Your Grandchild
- Youth Violence You Can Help Prevent It
- 5. State of Delaware Website www.state.de.us.attgen.
- 6. State of Maryland Website www.dhr.state.md.us
 - General Information line 1-(800)-332-6347
 - TTY for Hearing Impaired 1-(800)-925-4434
 - Information available in Spanish as well as multiple other languages
- 7. Websites for Health Information for parents
 - Christiana Care Health Systems www.christianacare.org
 - DuPont Hospital for Children <u>www.kidshealth.org</u>
 - St. Francis Hospital www.stfrancishealthcare.org

•

- 8. Websites for Dealing with Terrorism and War as well as General Emotional Health Issues for Children and Adolescents
 - www.aacap.org American Academy of Child and Adolescent Psychiatry
 - www.aap.org American Association of Pediatrics
 - www.apa.org American Psychological Association
 - www.cbconf.org Christian Brother's Conference Lesson Plans on Peace and Justice that can be adapted for Elementary as well as Secondary
 - www.channelonenews.com Channel One News News Site for Children that provides the Latest Updates on the War
 - www.disciplesnow.com Wonderful Links and Information Geared towards Teens
 - www.familyeducation.com Family Education Talking to Children About War
 - www.naeyc.org Discussing the News with 3 to 7 year-olds: What to Do?
 - www.nccbuscc.org Bishops Conference Resources for Lesson Plans on Peace
 - www.nccev.org Guides for Teachers and Parents (in Spanish and English) Talking to Children About War – Highly Recommended – downloadable resources/ developmental guides
 - www.nfcym.org National Federation of Catholic Youth Ministry
 - www.npin.org Media Violence and Young Children

- www.npin.org/pnews/1999/pnew599/int599e.html More Chills than Thrills:
 Protecting Children from Frightening Mass Media
- www.pbs.org Public Broadcasting Service Highly Recommended Especially for Parents of Children in Elementary School
- www.smp.org St. Mary's Press Prayers, Lesson Plans, and Pastoral Guides
- www.talkingwithkids.org Talking with Your Children about the News

Other Resources:		

FORM A: ANNUAL CONSENT AND RELEASE

DIOCESE OF WILMINGTON PARISH/INSTITUTION ANNUAL PARENTAL CONSENT AND RELEASE FORM

PARISH/SCHOOL						-
Personal Information						
Full Name of Child						
Address						
City			S	tate	Z	Zip
Home Phone			С	ate of Birth/		Age
Family E-Mail						
Participant Email			Participa	ant Cell Phone		
					cation fro	om group leader to this young
	person in regards to a	Ill group activities, in accord v	vith dioces	an guidelines.		
Medical Information		1				
Family Doctor			Phone			
Family Dentist			Phone			1
Insurance Provider			Policy#			Acct./ID#
* Yes No	Has the young per	rson ever been seen by	a heart s	pecialist for a hear	t condi	ition?
* Yes No	Has the young per	rson had a broken bone	in the p	ast six (6) months?		
* Yes No	,	rson had surgery in the	•	•		
* Yes No	Is the young personactivity?	on currently taking pres	cribed m	edication(s) that c	ould inh	hibit strenuous physical
* Yes No	Is the young perso	on allergic to bee stings	?**			
* Yes No	Does the young p	erson have asthma?**				
* Yes No		ious medical conditions on, Principal/School Nu			er, Direc	ctor/ Coordinator of
*If you answered 'yes' to an	_				rish/sch	ool representatives to ensure
those items identified with a						
**CYM requires that athlete		inister the epi-pen and/or	inhaler w	ithout assistance.		
	ption Medications					
Please list all allergies rel	food, latex, etc.					
	ioou, latex, etc.	If vour child ha	s a life-thre	eatenina allerav. vou m e	ust discus	ss said allergy with the group leader.
If necessary, the group lead	er is permitted to adr					
Advil Tyler	=		ills (cough		Imodiun	m Calamine Lotion
Claritin/Zyrtec Bena	adryl Robitu	ussin <i>(cough syrup)</i>	iple Antib	otic Ointment	Other _	
Parent/Guardian Informat	tion (Mother)					
	other/Stepmother					
	Home Phone			Cell Ph	one	
Plac	ce of Employment			l .	L	
	Work Phone					
Parent/Guardian Informat	tion (Father)					
Full Name of	Father/Stepfather					
	Home Phone			Cell Ph	one	
Plac	ce of Employment			1	ı	
	Work Phone					
School		Teacher		Grade		Homeroom

In Case of Emergency

The following procedures are in place if your child becomes sick or injured, or needs to be sent home for disciplinary reasons. Calls will be made to the following numbers, in the following order.

- 1 Home
- 2. Cell phones of Mother/Father/Guardian
- 3. Place of Employment for Mother/Father/Guardian
- 4. Ambulance for transportation of child to medical facility (in case of injury). In case of a major injury that requires immediate medical attention, an ambulance may be called first.

Staff will continue to call the parents or guardians until one is reached. Please note: information on this form will be shared with emergency medical staff.

Personal Electronic Technology Devices (PTD)

All extraneous personally owned technology devices (PTD), including, but not limited to, cellular phones, BlackBerrys, pagers, beepers, gaming devices, headsets, and other communication devices are for use only during an actual lock down or emergency. Other devices, including, but not limited to, tablet PCs, mobile presenters, wireless tablets, digital audio and video recorders, Palms, Sidekicks, iPods, Kindles, iPads, MP3 players, texting calculators, camera video phones, digital cameras or laptops are to be used only when permission has been granted by an institutional or organizational employee with the authority to grant such permission. Devices capable of capturing, transmitting, or storing images or recordings may never be accessed, turned on or operated in restrooms, dressing rooms, or other areas where there is a reasonable expectation of privacy. To protect the safety and well-being of students, staff and other community member's personal property and to avoid disruptions to the learning environment; group leaders, teachers, or school personnel reserve the right to confiscate or collect any PTD. A designated group leader or official as part of any investigation of policy violation or other suspected inappropriate, immoral and/or illegal use may review the content of any PTD device. If an illegal act is discovered, local law enforcement officials will be contacted. The Catholic Diocese of Wilmington and its parishes and organizations are not responsible for any harm to PTDs, including by not limited to the loss, theft, damage, or destruction of PTDs or any contents therein.

Permission and Hold Harmless

I hereby give my consent for the above named individual to participate in the above named parish/school youth activity(ies) during the current program year. I authorize responsible personnel to obtain proper medical treatments should it become necessary. Excluding intentional, deliberately-inflicted and illegally caused injuries, I further agree, in consideration of the above named parish's sponsorship of beneficial youth programs, to release the above named parish, the Catholic Diocese of Wilmington, and all of their employees, directors, administrators, youth ministers and volunteers from all legal liability for accidental injuries suffered by my child as a result of participation in athletic activities, or travel to and from any officially sanctioned event.

If I cannot be reached and the parish/school authorities have followed the procedures described, I agree to assume all expenses for transporting and medically treating this student. I also hereby consent to any treatment, surgery, diagnostic procedures which may be carried out based on the medical judgment of attending physician.

I understand that the Diocese of Wilmington and its staff are committed to providing fun, safe, educational experiences and that diocesan events are conducted in smoke-, alcohol-, and drug-free environments. In light of this, and to help ensure the safety of all concerned, I understand that if my child is in possession of drugs, alcohol, or tobacco products, engages in illegal, immoral, or offensive behaviors, or refuses to follow the directions given by event staff or volunteers while participating in this activity, I will be contacted immediately to pick up my child.

I understand that promotional pictures (individual and group) may be taken during officially sanctioned events. I give permission for my son's/daughter's picture to be used for promotional materials (newsletter, web page, calendars, power point, etc.) in highlighting the event. I understand, however, that the above named parish/institution has no control over the use of photograph or film taken by media or private vendors that may be covering events.

I affirm that the information above is true and correct and may be shared with school personnel on a "need to know" basis.

Signature of Parent/Guardian:		
Relationship to Participant:	Date:	

FORM B: EVENT SPECIFIC CONSENT AND RELEASE Diocese of Wilmington

Parish/Diocesan Institution Trip/Event Consent and Release

My child (please print)	full name)			has my	
permission to attend_			to be held at		•
	on	froi	mto	·	
I understand that the p	participants will	travel via		to/fro	m the event.
I hereby give my permiss responsible cleared adult to providing fun, safe, ed environments. In light of of drugs, alcohol, or toba directions given by staff child. As parent/guardiar give permission for my so power point, etc.) in high	ts. I understand t ucational experi this, and to help acco products, e or volunteers wh n, I understand th on's/daughter's p	hat this parish/schood ences and that suc ensure the safety ngages in illegal, in ile participating in at promotional pic picture to be used to	I, CYM, the Diocese on the events are conducted of all concerned, I ure moral, or offensive the this activity, I will be extures (individual and	of Wilmington, and its ted in smoke-, alcoholonderstand that if my cloehaviors, or refuses to contacted immediated group) will be	staff are committed I-, and drug-free hild is in possession to follow the lly to pick up my during this event. I
By my signing this, I relea chaperons, and the Dioce permission for the group should it become necessar	ese of Wilmingto leader and othe	n from any and all	liabilities and waive a	all claims against them	n. I also give my
Insurance Carrier/Policy	Number				
Insurance company addr	ess				
Insurance company phor					
Prescription meds taken					
Other medication taken					
Any food, medication, la	tex allergies?				
Emergency Contact Nam	ie/Number				
Electronic/mobile comm and updates to participal Unless provided on Form activity or event.	nts. Please provid	de an email addres	s and/or cell phone r	number for such comr	nunication purposes
Email Address			Cell Number_		
If necessary, the group leads Advil Claritin/Zyrtec	er is permitted to a Tylenol Benadryl	dminister the follow Motrin Robitussin (a	☐ Aleve	neric equivalent) to my c	
☐ Other (please specify)					
Signature of Parent/G	uardian:				
Relationship to Partici	pant:			Date:	

FORM C: Prescription Medication Inventory

Diocese of Wilmington Parish/Diocesan
Institution Trip/Event Consent and Release
for Medication



My child (please print full r			•		administered during the CYM
event. By completing and si	gning this form, I certify	that the information is an	accurate representation	of my child's doctor'	s prescriptions.
When completing the chart	, please be as specific as	possible for cleared adults	s to help your child reme	ember the schedule.	
Medication name	Purpose of Drug	Amount taken	Time of Day	# Times Taken per day	Other Instructions (ex. Take with food)
			(AM/PM)	региау	(ex. rane with jood)
			(AM/PM)		
			(AM/PM)		
			(AM/PM)		
liabilities and waive all clai proper medical treatment for	ms against them. I also or my child should it bec	give my permission for th			f Wilmington from any and all ther qualified adults to obtain
Signature of Parent/Guardia	n:				
Relationship to Participan	t:	Dat	e:		

FORM D: ATTENDANCE RECORDS

Event Name	Event Date	Event Contact F	Person
Participant Name		Arrival Time	Departure Time
1.			
2.			
3.			
4.			
5.			
6.			
7.			
8.			
9.			
10.			
11.			
12.			
13.			
14.			
15.			
16.			
17.			
18.			
19.			
20.			
21.			
22.			
23.			
24.			
25.			

Duplicate as needed – Page _____of ____

FORM E: EMERGENCY CONTACT SHEET

Event Name	Event Date	Event Contact I	Person
Participant Name	Emergency Contact	Phone #	Alt. Phone #
1.			
2.			
3.			
4.			
5.			
6.			
7.			
8.			
9.			
10.			
11.			
12.			
13.			
14.			
15.			
16.			
17.			
18.			
19.			
20.			
21.			
22.			
23.			
24.			
25.	of.		

Duplicate as needed – Page _____of ____

FORM F: MOTOR VEHICLE ACCIDENT REPORT

The information recorded in this kit is critical to the accident investigation process. Please take the time to fill out all sections with as much detail as possible.

- 1. STOP. Help injured persons get medical assistance.
- Get the names of owners and drivers involved, name of their insurance company, driver's license numbers, registration numbers of cars involved, names and address of all occupants.
- 3. Detach Courtesy Information cards, ask witnesses to fill out and return to you.
- 4. Remember locations of cars or pedestrians involved in the accident, both prior to its occurrence and afterward, so that you will be able to draw a diagram.
- 5. Express no opinion as to whom was at fault. Give no information except as required by the authorities. Sign no statement for anyone except as required by authorities.
- 6. When an accident occurs locally, contact your supervisor who will then notify the agent.

- 7. Ascertain from local police what accident reports are required of you.
- 8. Your interest will be served best if you are courteous and engage in no controversy at the scene of the accident but leave the entire handling of the claim to the insurance representative.

ACCIDENT REPORT: YOUR VEHICLE

Your name
Phone number
Driver's Lic. No
Lic. Plate No
Make of VehicleModelYr
ACCIDENT:
DateTimeT AMT PM
Place of Accident
Vehicle SpeedDirection ☐ N ☐ E ☐ S ☐ W
CONDITIONS: Pavement†□ Dry†□ Wet†□ Ice†□ Snow
Weather
Visibility
Traffic Control†□ Lights† □ Sign† □ None
Police Investigation †☐ Yes † ☐ No Report #
Police†□ City†□ County†□ State†□ Other
Summons Issued † ☐ Yes † ☐ No

OTHER VEHICLE

Driver's Name
Address
CityStateZip
Phone Number
Driver's Lic. No
Lic. Plate No
Make of VehicleModelYr
Owner
Ins. Co
Vehicle SpeedDirection ☐ N ☐ E ☐ S ☐ W
OTHERS INVOLVED IN ACCIDENT
Name
Address
CityStateZip
Phone Number In† □ Your vehicle† □ Other vehicle †□ Pedestrian
Phone Number
Phone Number
Phone Number
Phone Number In†
Phone Number
Phone Number
Phone Number

Courtesy Information Card	Courtesy Information Card	Diagram your vehicle "A", other vehicle "B"
Comments: (Please describe what you saw)	Comments: (Please describe what you saw)	DESCRIBE WHAT HAPPENED:
Please fill out and return to the driver. NameAddress CityStateZip	Please fill out and return to the driver. Name Address	
Did you see the accident?† \(\text{Yes} \frac{\dagger}{\Dignitian} \text{No} \)	CityStateZip Did you see the accident?†	
Were you in one of the vehicle involved?	Were you in one of the vehicle involved?	
, † □ Yes†□ No	, † □ Yes†□ No	
Did anyone appear injured?†□ Yes†□ No	Did anyone appear injured?†□ Yes†□ No	
(Please Comment on Reverse Side)	(Please Comment on Reverse Side)	
Property Damage (Other Than Vehicles)		
Owner	_	
Address	_	
CityStateZip	-	
Phone Number	-	
What was damaged?		
Location of property		Driver's Signature

FORM G: CODE OF CONDUCT FOR YOUTH

DIOCESE OF WILMINGTON CODE OF CONDUCT FOR YOUTH PARTICIPATING IN PARISH EVENTS



- 1. The use of drugs, tobacco, alcohol, fireworks, matches, cigarette lighters, or items that would endanger people, pets, wildlife, or property are strictly prohibited.
- 2. Clothing should be appropriate. This **prohibits** short shorts, tank tops, baggy pants, bikinis, and any reference to tobacco or alcohol products including insignias or advertisements.
- 3. Language and behavior should exemplify Christian values.
- 4. Participants are expected to respect the rights and property of others. Neither vandalism nor stealing will be tolerated. Financial obligations that result from such behavior will be the sole responsibility of the youth and his/her family.
- 5. If this event is an overnight event, males and females are not to be in each other's sleeping areas without a chaperon.
- 6. If applicable, you must wear your nametag at all times.
- 7. No participants are permitted to leave the premises without the expressed permission of the event coordinator.
- 8. Personal electronic devices are only permitted at specified times and may be collected by adult leaders to ensure compliance.
- 9. Food and drinks are only to be consumed in designated areas.
- 10. No participants are allowed to ride in a car with another participant to, from, or during an event unless expressed written permission has been given by a parent/guardian to the coordinator.

I have read the foregoing and understand the **Code of Conduct** for participants and will abide by them. In addition, I will abide by all directions given me by the coordinator and adult chaperons. I will dress appropriately and modestly, as outlined above. I also understand and agree that my parents or guardians will be notified at the time of any infraction requiring my dismissal from the event and that I will be sent home at the expense of my parents or guardians. These infractions include possession of drugs, alcohol or tobacco products, engaging in any offensive, illegal or unchristian conduct, or refusing to follow the directions of CYM staff and volunteers.

staff and volunteers.	
Signature of Participant	Date
	regulations as outlined in the Code of Conduct . I agree that if my child hat is deemed by the coordinator to be inappropriate, he/she will be
activities, and that the CYM event is conducted in a smc	and its staff are committed to providing safe, fun, and educational oke-,alcohol-, and drug-free environment. In light of this, and to help child is in possession of drugs, alcohol, or tobacco products, engages in
or refuses to allow the directions of CYM staff or volunteen pick up my child.	rs while participating in this activity, I will be contacted immediately to
Signature of Parent/Guardian	Date
Phone # where Parent/Guardian can be reached during the	event: ()

FORM H: EVENT EVALUATION FORM

Date of Event:		Event Name:	
Contact Person:		Person Evaluating:	
# of Participants	(Youth)	(Adults)	
Grades of Participants	☐ Jr. High	☐ Sr. High	□ Other:
Cost per Participant	\$	Total Collected:	\$
	Amount	_ Description	
Cost of Event:	\$		
	\$		
Names of Chaperons	:	1	
1.		5.	
2.		6.	
3.		7.	
4.		8.	
Time of Event	Begin:	End:	
Method of Transport (if applicable)	tation:		
Overall Rank:	□ Great	□ Good	□ Poor
Comments:			

Original – Keep on file at parish / Copy – Pastor/Principal / Copy - CYM if event is CYM sponsored

FORM I: INJURY/INCIDENT REPORT DIOCESE OF WILMINGTON

Parish/School:					
Name of injured part	icipant:				
Address:		City:	State:	Zip:	
Phone Number: (_)	Date of Birth:		Grade:	
Injury/Incident occur	rred:				
Date:	Time:				
Location:					
Nature of activity:					
Activity Sponsor:	CYM Sports Parish/School "I	Parish Ever		esan Event	
Name and title of per	rson supervising thi	s event:			
Was this person a wit	tness to the injury?	Yes	No		
Nature of injury: (Ple	ease fully indicate w	hat part of body w	as injured, etc.):		
What happened? (Be	e specific in all deta	ils):			
Was a doctor seen? \	/es	No If y	/es, date:		
Name:			Phone#:		

This form is invalid if not submitted to CYM within thirty days of injury. This form may be faxed to 302-658-7617 or emailed to catholicyouth@cdow.org. The adult leader responsible for this even (coach of injured player, youth minister, volunteer coordinator, etc.) must submit the form and confirm its receipt by CYM.

Original – Keep on file at parish / Copy – Pastor/Principal / Copy - CYM if event is CYM sponsored

FORM J: PASTORAL CROSS AGREEMENT FOR USE DIOCESE OF WILMINGTON

By signing this, I agree to take full responsibility for the Pastoral Cross, including the base and all packing materials. I agree to refrain from moving or lifting the cross without the help of another. I agree not to use the cross without its base or for a purpose other than its stated intent. I understand that if the cross breaks or is damaged while in my possession, I am fully responsible for covering the cost of repairing or replacing the cross and its base, if applicable. Damage that will be my responsibility includes, but is not limited to, glass breakage, lost pieces, marks or stains on the cross or its base that cannot be removed, permanent writing on the cross or its base and other damage that would prevent another parish or school from using the cross.



Signature of Responsible Party				
Name of Parish / School:				
Phone Number:				
E-Mail:				
Name of Deceased:				
Relationship to community:				
Cause of Death:				
Date of Death:				
Funeral Arrangements:				

Please allow 24-48 hours for a staff member to contact you to make arrangements for the delivery or reception of the cross in your community.

Fax: 302-658-7617 E-Mail: catholicyouth@cdow.org